

REGULATIONS
on the Sports Competitions
WORLD CHAMPIONSHIP
in Sports Tourism on Hiking Courses
among Men and Women
Republic of Tajikistan
2026

1. GENERAL PROVISIONS

The World Championship in Sports Tourism on Hiking Courses among Men and Women (hereinafter referred to as the “Competition”) is held in accordance with the calendar plan of the International Federation of Sports Tourism (hereinafter referred to as the IFST) for 2026.

General issues concerning the organization of the Competition are governed by the Rules of the Sport “Sports Tourism” of the IFST. Admission of participants, planning and classification of courses, as well as the conduct and judging of the Competition, shall be carried out in accordance with the Rules of the Sport “Sports Tourism” (approved by Decision of the IFST Council dated 24 November 2018), hereinafter referred to as the Rules.

2. AIMS AND OBJECTIVES

The Competition is held with the aim of further developing sports tourism as an international sport.

Objectives of the Competition:

- identifying the strongest athletes and national teams;
- exchange of experience among teams representing the countries participating in the Competition;
- further promotion of sports tourism at the global level;
- strengthening international cooperation;
- improving the experience and qualifications of judges.

3. MANAGEMENT OF PREPARATION AND CONDUCT

Overall management of the organization and conduct of the Competition is carried out by the International Federation of Sports Tourism (IFST) and the Republican Public Organization “Sports Tourism Federation of the Republic of Tajikistan” (hereinafter referred to as the RPO STFT).

The direct conduct of the Competition is entrusted to the panel of judges appointed by the RPO STFT in coordination with the IFST.

Chief Judge of the Competition – Y.V. Kalaev (SSMC – Russia).

4. VENUE AND DATES

The Sports Tourism Competition on Hiking Courses will be held from 13 to 19 October 2026, Republic of Tajikistan, Dushanbe.

5. PARTICIPATION REQUIREMENTS

National teams of member countries of the International Federation of Sports Tourism, as well as other states, are eligible to participate in the Competition.

The composition of a sports delegation shall not exceed 11 persons, including 8 athletes (4 men and 4 women), 1 coach, 1 delegation representative and 1 sports judge. One delegation is permitted from each state.

The host country has the right to enter two delegations.

Participants in the Competition must have a uniform team outfit and the flag of the country they represent.

Athletes born in 2009–2005 who have medical clearance, an insurance policy and appropriate experience in sports tourism on hiking courses are eligible to participate in the Competition.

6. COMPETITION PROGRAMME

13 October 2026 – arrival of teams in Dushanbe.

14 October 2026 – opening of the Competition, accreditation/admission commission, official training, meeting of the Chief Judges' Panel.

15–17 October 2026 – competitions on the following courses:

course – hiking

course – hiking – rope pair

course – hiking – group

course – hiking – relay

18 October 2026 – closing of the Competition and award ceremony.

19 October 2026 – departure.

The Chief Judges' Panel reserves the right, if necessary, to amend the Competition programme or the conditions for conducting individual courses and stages.

7. GENERAL CONDITIONS AND PROCEDURE

Responsibility for the safety of the Competition and the judging safety equipment used shall be borne by the organizing body and the Chief Judges' Panel. Responsibility for the safety of the equipment used shall be borne by delegation representatives and the participants themselves.

Responsibility for ensuring that participants' preparation meets the requirements imposed on the Competition courses shall be borne by team representatives and the participants themselves. Participants must have special equipment meeting safety requirements and necessary for completing the Competition courses.

All equipment must undergo inspection by the technical commission.

Additional information and conditions for conducting the Competition will be published on the official IFST website: <http://mfst.info/ru/>

8. PROCEDURE AND DEADLINES FOR SUBMITTING APPLICATIONS

Preliminary applications must be submitted by 25 September 2026 inclusive to the e-mail address: kalaev@tssr.ru

Applications to participate in the Competition shall be submitted to the admission commission.

Applications to participate in the Competition must be signed by the head of the national Sports Tourism Federation.

The sending organization confirms and guarantees that the athletes have the appropriate level of training, life, health and accident insurance, and that there are no medical contraindications to their participation in the Competition.

9. DETERMINATION OF RESULTS AND AWARDING

The procedure for determining the winners and prize-winners in each programme event shall be determined in accordance with Clause 14, "Basic Principles for Determining Results", of the Rules.

The overall team standings among the national teams participating in the Competition shall be determined based on the performance of the athletes of each national delegation in all programme events.

Winners and prize-winners in each programme event shall be awarded medals, diplomas and commemorative gifts.

The Competition organizers may establish additional awards provided for by the World Championship Regulations.

The final results (Competition protocols) and reports in paper and electronic form shall be submitted to the IFST.

10. FINANCIAL CONDITIONS

Expenses related to the travel and participation of teams in the Competition, including transportation, accommodation, daily allowances, baggage transportation, meals, participant insurance, provision of equipment and the entry fee, shall be borne by the sending organizations.

Expenses related to the organization and conduct of the Competition, including travel and meals for judges, rental of judging equipment, awarding of winners and prize-winners, safety provision, etc., shall be borne by the organizing bodies.

The organizers reserve the right to establish additional expenses related to the organization and conduct of the Competition to be covered by attracted funds from extra-budgetary sources.

An entry fee equivalent to 200 Tajikistani somoni per participant for one course is established for the Competition.

11. SAFETY

Responsibility for the safety and preservation of participants' lives while travelling and during the Competition days shall be borne by delegation representatives. All team members must be insured against accidents.

Responsibility for ensuring that participants' preparation meets the requirements imposed on the courses shall be borne by delegation representatives and the participants themselves.

Responsibility for the safety of the Competition courses and the judging safety equipment used shall be borne by the Competition organizers.

Responsibility for compliance with safety requirements of the personal and group equipment used by participants shall be borne by the sending organizations and delegation representatives.

Free training sessions shall be held at the time established by the Competition organizers. All participants during training and the Competition must wear special equipment (helmet, life jacket, etc.) and be under the supervision of a coach.

12. ACCOMMODATION OF TEAMS

Teams shall be accommodated in hotels in Dushanbe.

13. PARTICIPANT INSURANCE

Participation in the Competition is permitted only upon presentation of documents confirming life and health insurance for each participant.

Participant insurance shall be provided at the expense of the sending organizations.

14. CONTACT INFORMATION

Information about the Competition is available on the website: <http://mfst.info/ru/>

For organizational matters: Yuri Vladimirovich Kalaev, tel. +7 (902) 100-07-28, kalaev@tssr.ru

These Regulations constitute the official invitation to the sports competition!