

STATUTE
of International tourism sports competitions on the types of
"Distance- Walking", "Distance-Cycling" and "Tourism-
Walking" within the framework of the International forum
"Partnership for sustainable development: Green. Digital. Smart"

Dushanbe - 2026

I. GENERAL PROVISIONS

The International tourism sports competitions on the types of "Distance - Walking", "Distance-Cycling" and "Tourism-Walking" within the framework of the International forum "Partnership for sustainable development: Green. Digital. Smart" (hereinafter referred - Competition) is held in accordance with the strategic plan of the International university of tourism and entrepreneurship of Tajikistan with the aim of implementing programs for the future development of tourism and youth sports at the international stage.

Objective of the Competition:

- promoting tourism, sports and a healthy lifestyle among sportsmen from countries participating of the International forum;
- developing international partnerships with countries of the middle and far east;
- expanding sports contacts among young sportsmen;
- identifying the best sportsmen and teams;
- defining the Tajikistan national youth tourism and sports team at the international stage.

II. COMPETITION VENUE

The competition will be held from 14 to 18 of April 2026.

Venue: Victory Park of Dushanbe of Republic of Tajikistan.

The competition venue will be determined separately after the signing of the basic Regulations and their announcement in the media. From the start of the competition until its conclusion, training and other events are prohibited with the exception of participants and fans.

III. GENERAL MANAGEMENT OF THE COMPETITION

The overall management of the Competition is management by the Committee of youth and sports under the Government of the Republic of Tajikistan, the Committee of tourism development under the Government of the Republic of Tajikistan, the International tourism and sports federation (hereinafter referred - ITSF), the Federation of tourism and sports of Tajikistan (hereinafter referred - FTST), and the International university of tourism and entrepreneurship of Tajikistan (hereinafter referred - IUTET).

The direct organization of the Competition is entrusted to the FTST and the main panel of judges, approved in accordance with the established procedure.

IV. CONDITIONS FOR THE COMPETITION AND PARTICIPANTS

The following are allowed to participate in the Competition:

- sports teams of students from universities participating in the International forum.
- participants must be between 18 and 25 years old.
- teams in each sport (running, cycling and walking) from each country must consist of 4 people (2 men + 2 women) for a total of 14 people: 1 leader, 1 master and 12 sportsmen (6 men, 6 women).

- all participants in the Competition must have a valid medical certificate issued by an authorized medical organization and life and health insurance against accidents.
- The Competition will be held in accordance with the rules of the sport “Sports tourism”, approved by the resolution of the IFST Council dated 1 of March 2024 (hereinafter referred - Rules).

a) Team composition, order and participation in the “Distance -Walking” event: 4 sportsmen (2 men, 2 women):

Sports system	Sportsmen's body	Sportsmen's number
Individual distance- walking	men	2
	women	2
Relay distance - walking	2 men	2
	2 women	2
Group distance - walking	2 men and 2 women	4

b) Team composition, order and participation in the "Distance-Cycling" event: 4 sportsmen (2 men, 2 women):

Sports system	Sportsmen's body	Sportsmen's number
Individual distance- cycling	men	2
	women	2
Relay distance - cycling	2 men	2
	2 women	2

c) Team composition, order and participation in the "Tourism-Walking" event: 12 sportsmen from team participant of competition (6 men, 6 women):

Sports system	Sportsmen's body	Sportsmen's number
individual tourism -walking	men	6
	women	6
group tourism - walking	2 men 2 women	4

d) Group composition, order and participation in the “Educational and cultural tourism” competition: 12 from team participant of competition (6 men, 6 women):

Sports system	Sportsmen's body	Sportsmen's number
The best knower	men +	6
What? Where? When?	women	6
Best author song - group	men +	6
	women	6

V. SUMMARY OF RESULTS

The procedure for determining the winners and runners-up of the competition in each sport is determined in accordance with article 14, "Basic principles of determining results," of the Sports tourism rules.

The final placement among the national teams of participating countries is determined based on the results of the national team sportsmen in all sports.

VI. COMPETITION PROGRAM

14 April	08:00- 10:00- 13:00 17:00	admissions commission of sportsmen opening ceremony of the International forum. selection screening on the monitor channel. cultural event "Friendship evening."
15 April	08:00 09:00 16:00 18:00	team admission and approval working competition opening competition for the best knower "What? Where? When?" Jury meeting with team representatives and a seminar for judges.
16 April	08:00 13:00 16:00 18:00	individual tourism -walking (men – women) group tourism - walking (men and women) individual distance- cycling (men and women) relay distance - cycling (men and women) best author song – group computation
17 April	08:00 13:00 18:00	individual distance- walking (men and women) relay distance – walking (men and women) best author song – group computation
18 April	08:00 14:00	group distance - walking (men and women) the closing and awards ceremony of the competition.

VII. AWARDING

Participants of the Competition types who take 1st, 2nd, and 3rd places will be awarded medals, diplomas, and souvenirs.

The final results (match protocols) and reports will be submitted in paper and electronic form for publication on the website of IFST.

VIII. FINANCIAL SUPPORT OF THE COMPETITION

Expenses related to a team's participation in the competition, including travel, baggage and sports equipment, are covered by the sending organizations.

Expenses related to the conduct and organization of the competition, including travel and meals for judges, accommodation, rental of judge equipment, prizes, security, etc., are covered by the host organizations.

Financial expenses related to the preparation and holding of the competition (referee fees, competition venue, sports equipment, as well as the purchase of cups and medals, diplomas, and certificates of honor) are borne by the Federation tourism sports of Tajikistan.

Organizers have the right to determine additional expenses related to the organization of the competition using funds raised from extra-budgetary sources.

IX. SAFETY ENSURE

Team leaders are responsible for the safety and well-being of participants during travel and competition days. All team members must be insured against accidents.

Representatives of delegations and the participants themselves are responsible for ensuring that the training of participants meets the requirements of the competition routes.

The competition organizers are responsible for the safety of the competition routes and the safety equipment used by the judges.

Sending organizations and team representatives are responsible for ensuring that the personal and team equipment used meets safety requirements.

Official training sessions are held at times set by the competition organizers. All participants must wear special equipment (helmets, etc.) during training and during the competition and be under the supervision of a coach.

X. PARTICIPANT INSURANCE

Participation in the Competition is permitted only with the presence of an original life and health insurance policy against accidents, which must be submitted to the Admissions committee for each participant.

Insurance for foreign participants is provided by the sending organizations.

XI. SUBMISSION OF APPLICATIONS FOR PARTICIPATION

Applications for participation in the Competition are submitted in the form provided, as well as passports of the team members.

Applications should be sent before the start of the Competition till to 20th March 2026, to the following e-mail address: bmd72@mail.ru . For additional information, please call +992 918 515 918.

THESE REGULATIONS, AFTER APPROVAL, CONSTITUTE AN OFFICIAL INVITATION TO THE COMPETITION